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In the Claims:

Please amend the claims as set forth in the following Listing of the Claims.

LISTING OF THE CLAIMS

1. (Currently Amended) [[A]] An effervescent tablet comprising an effervescent composition comprising:
 - at least 200 mg cranberry extract;
 - an effervescent agent comprising an acid and a base;
 - binder; and
 - lubricant,
 - said tablet disintegrating in water having a temperature of about 22°C in less than 2.5 minutes to form a solution that is free of granules and particles.
2. (Original) The tablet of claim 1, wherein said cranberry extract comprises cranberry oil.
3. (Original) The tablet of claim 1, wherein said cranberry extract is a water soluble cranberry extract powder.
4. (Original) The tablet of claim 1, wherein said cranberry extract comprises proanthocyanidins.
5. (Original) The tablet of claim 1, wherein said tablet comprises at least 500 mg cranberry extract.
6. (Original) The tablet of claim 1, wherein said tablet comprises from about 750 mg to about 1500 mg cranberry extract.
7. (Original) The tablet of claim 1, wherein said tablet comprises about 1000 mg cranberry extract.

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8. (Original) The tablet of claim 1, wherein said tablet comprises at least 2 % by weight cranberry extract.

9. (Original) The tablet of claim 1, wherein said tablet comprises from 10 % by weight to 35 % by weight cranberry extract.

10. (Original) The tablet of claim 1, wherein said tablet dissolves in less than 2 minutes.

11. (Original) The tablet of claim 1, wherein said effervescent agent comprises sodium bicarbonate and citric acid, said tablet further comprising polyethylene glycol, sorbitol and sodium benzoate.

12. (Previously Presented) The tablet of claim 1, wherein said binder comprises from 20 % by weight to 25 % by weight sorbitol.

13. (Previously Presented) The tablet of claim 1, wherein said tablet dissolves in water to form a composition that is free of surface scum.

14. (Original) The tablet of claim 1, further comprising magnesium hydroxide.

15. (Previously Presented) The tablet of claim 1, further comprising flavoring agent different from said cranberry extract.

16. (Original) A tablet comprising an effervescent composition comprising:
from 50 mg to 200 mg cranberry seed oil; and
an effervescent agent comprising an acid and a base,
said tablet having a hardness of at least 5 kilopounds and disintegrating in water less than 2.5 minutes.

Claim 17 (Cancelled)

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18. (Currently Amended) The tablet of claim [[17]] 1, wherein said amount of cranberry extract is sufficient to measurably decrease the amount of Escherichia coli present in the urine of an individual having a urinary tract infection

Claim 19 (Cancelled)

20. (Withdrawn) A method of treating an individual with a urinary tract infection, said method comprising:

disintegrating the effervescent tablet of claim 1 in at least 200 mL of water; and

orally administering the resulting composition to the individual.

21. (Withdrawn) A method of mass producing multiple tablets of the effervescent tablets of claim 1, said method comprising:

filling a plurality of dies of a tablet press with an effervescent composition comprising

at least 200 mg cranberry extract,

an effervescent agent comprising an acid and a base,

binder, and

lubricant; and

compressing said effervescent composition between two faces of a punch to form a tablet in each die having a hardness of at least 5 Kp; and

ejecting said tablets from said dies.

22. (Withdrawn) The method of claim 21, further comprising sealing individual ones of said tablets in a packaging material to form an airtight sealed package.

23. (Withdrawn) The method of claim 21 further comprising drying said cranberry extract prior to combining said cranberry extract with said effervescent agent.

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24. (Withdrawn) The method of claim 21, wherein said packaging material comprises a metal foil pouch.

25. (Withdrawn) The method of claim 21, wherein said packaging material is a blister pack.

26. (Withdrawn) The method of claim 21, wherein said tablets dissolve to a clear solution in less than 2 minutes.

27. (Withdrawn) The method of claim 21, wherein said tablets are free of picking, capping, and die wall etching.

28. (Withdrawn) The method of claim 21, wherein said cranberry extract comprises cranberry oil.

29. (Withdrawn) The method of claim 21, wherein said cranberry extract is a water soluble cranberry extract powder.

30. (Withdrawn) The method of claim 21, wherein said cranberry extract comprises cranberry oil, said method further comprising:

combining said cranberry oil and said base to form a mixture; and
combining said mixture with said binder and said lubricant.

31. (Currently Amended) [[A]] An effervescent tablet comprising an effervescent composition comprising:

at least 200 mg cranberry extract;
an effervescent agent comprising an acid and a base;
binder; and
lubricant,

said binder being present in the composition in amount of from about 15 % by weight to about 50 % by weight,

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said tablet being free of picking, capping, die wall etching and lamination.